



School Cinema

(An innovative value education programme)

An innovative concept developed by Edu Media, **School Cinema** is a film-based learning module combined with a fun and exciting workbook to reaffirm values, morals and equip children with skills to deal with everyday challenges. It is a learning module on life-skills, values and attitudes, developed through research and taught using short films.

A fine blend of entertainment and education, it uses a language that children are familiar with. It also acts as a training aid for teachers to enhance their self and professional development, in addition to bringing parents into the circle of learning through specially created films on parenting.

School Cinema aims to influence young minds into making better choices for themselves as young adults, as well as to improve the role parents and teachers play in the holistic development of children.

School Cinema for Class I revolves around the series called 'SHAPES'. This series presents each story in a unique universe, composed of 'shapes'. The stories are simple, humorous and each with an underlying moral.

FILM IN APRIL

THE BOASTFUL TORTOISE

'Friends do not like a show off, don't be boastful'

Film Synopsis



A Tortoise loves to show off to his friends; Ladybug and Butterfly. As this behaviour hurts them, they stop talking to him. One day, two Egrets come to the lake and the Tortoise befriends them. Soon the lake begins to dry up and the Egrets decide to fly away. The Tortoise cannot fly and does not want to be left behind. To help the Tortoise fly, the Egrets hold a stick in their claws and the Tortoise holds on to it with his mouth. The Tortoise's old friends see him and comment on his flying expertise. As he opens his mouth to respond, he falls to the ground. Despite the way he had behaved with his old friends, they are still there for him. He realizes he should not show off so much and that everyone is good at different things.

Life Skills: Self - Awareness, Empathy, Critical Thinking, Interpersonal Skills

Values: Respect, Friendship

Attitude: Appreciation, Humility, Sensitivity

July

THE GRUMPY TREE

'Be kind to all your friends'



Film Synopsis

Deep in the forest, is a big Banyan Tree - a very grumpy one! He does not like company and prefers to be alone. He does not like his tree friends; the singing Parakeet, the snoring and sleepy Tigress and the itchy Elephant, all of whom always seem to trouble him! The tree is rude to them and drives them away. One day, there is a dangerous forest fire and the Tree finds himself alone and helpless. Luckily, when he calls for help, his friends return and work together to put out the fire and save the Tree! From then on, the Tree stops being Grumpy and treasures his friends and their friendship!

Life Skills: Empathy, Decision Making, Coping with Emotions, Communication

Value: Friendship, Relationship, Contentment

Attitudes: Sensitivity, Self- Control

August

THE LION AND THE MOUSE

'Size has nothing to do with being of help'



Film Synopsis

One day a Mouse is looking for cheese when a Lion pounces on him. The Mouse escapes from the Lion by giving him a number of reasons why he should not eat him. The Lion decides to let the Mouse go because he thinks he is very funny. The Mouse says he will repay the favour to the Lion if he ever needs help. The Lion doubts this, since he thinks the Mouse is so tiny! However one day, the Lion gets caught in a trap. The Mouse helps the Lion by gnawing at the rope and tearing the trap. The Lion is very grateful and they become close friends.

Learning from the Movie

Life Skills: Decision Making, problem Solving, Creative Thinking

Values: Respect, Uniqueness, Help

Attitudes: Non-Judgemental, Openness

September

THE ANTS AND THE CHRYSALIS

'Don't judge on appearances'

Film Synopsis



Two Ants are looking for food in the jungle. They see something in a tree that they have never seen before - a Chrysalis. They continue on their way, collecting food. A few days later, they are still curious about it; they wonder what the ugly thing is. They go up the tree and one Ant notices the Chrysalis move and thinks it is alive. All that time, a storm sets in and even though the Ants do not know what the Chrysalis is, they decide to build a shelter for it from the rain. After the storm passed, the Chrysalis begins to wiggle and something comes out. The Ants see the beautiful butterfly flying out. The Butterfly realizes there was storm and that the two Ants had saved her. The Butterfly invites the Ants to climb on her wings and fly with her.

Learning from the Movie

Life Skills: Decision Making, Interpersonal Skills,
Self Awareness s

Values: Love, Care

Attitudes: Non-judgmental, Acceptance

October

THE FOUR OXEN AND THE LION

'We are strong if we stick together'



Film Synopsis

The lion wants to catch and eat the four oxen friends; Slim, Speedy, Shy and Tiny. However the four oxen plan to stay and work together and the Lion cannot catch them. One day, Slim while playing with the Ox Pecker gets separated from his friends and reaches the water hole. The Lion sees this and gets ready to catch him. Luckily, Speedy realizing Slim is missing comes in search for him. Together with the Ox Pecker's help they escape. The two oxen run to their friends and the Lion is outwitted again!

Learning from the Movie

Life Skills: Interpersonal Skills, Critical Solving, Coping with Stress Thinking, Problem

Values: Friendship, Cooperation, Support

Attitudes: Teamwork, Unity, Alertness

Class II

The Module for **Class 2** also revolves around the series 'SHAPES'. The animated characters in the stories learn different morals and important life lessons. They teach children basic human values.

April

THE CICADA AND THE GREAT HORNBILL

'Even if we are different from each other, we can still be great friends'



Film Synopsis

Cicada who loves to sing and a Hornbill who loves to sleep. When the Cicada sings, the Hornbill gets disturbed which starts a fight between two. One day, when they are fighting, the Cicada falls in the river and the Hornbill saves him. The Cicada is very grateful to the Hornbill. A little later the Cicada and the Hornbill were sleeping on the tree. A Python sneaks up the tree and wants to eat Hornbill. The Cicada opens his eyes moments before this happens and awakens the Hornbill with his singing, thus saving him. The two become good friends and the Cicada tries teaching the Hornbill how to sing.

Learning from the movie

Life Skills: Interpersonal Skills, Critical Thinking, Problem Solving

Values: Kindness, Altruism, Respect

Attitude: Acceptance



July

THE FLYING TORTOISE

'Be happy with who you are'

Film Synopsis

A tortoise living in a desert wishes he can fly. He makes several attempts but fails. An Eagle sees him and fulfils his dreams to fly by carrying him in his claws. As they fly, the Eagle loses his grip of the Tortoise and the Tortoise falls. He lands in his hard shell and is saved. He realizes that although he is unable to fly, he should be happy to have a hard shell, a tail and feet.

LEARNING FROM THE MOVIE

Life Skill: Self-Awareness, Decision Making, Coping with Stress

Values: Self-Respect, Self-Confidence, Contentment.

Attitude: Self-Acceptance

August

THE FOUR FRIENDS

1. 'If you work together, you can overcome all your problems'

2.

Film Synopsis



Elephant, Peacock, Monkey and Rabbit are four friends. They find a berry tree seed and plant it. The seed grows into a seedling and then into a tall tree and starts bearing berries. The four friends eat all the berries on

the lower branches and are trying to find a way to reach the berries on the higher branches. Each of them tries individually but is unable to reach the berries. Finally, they make a tower, standing one on top of another and are able to get the berries and eat them.

Learning from the movie

Life Skills: Interpersonal Skills, Problem Solving

Values: Unity, Altruism, Friendship, Creativity

Attitude: Teamwork

September

THE KANGAROO AND THE WOMBAT

'One good turn deserves another'



Film Synopsis

In a desert, a Little Kangaroo makes friends with an old Wombat. The Wombat is very thirsty but is unable to bend and reach the water in a lake. The little Kangaroo helps the old Wombat by offering him some water in a leaf. The Wombat is grateful and they become good friends. One day, due to a drought the kangaroos have to move to another lake. The little Kangaroo gets very tired hopping and wants his mother to carry him; however his mother cannot do so. The Wombat suddenly appears and using his magical powers, he creates a pouch on the mama Kangaroo's stomach which she can use to carry her tired little Kangaroo.

Learning from the movie

Life skills: Interpersonal Skills, Empathy

Values: Love, Respect, Altruism, Friendship

Attitude: Sensitivity

October

THE TEAL DEER

'Looking different doesn't make you special. It's who you are on the inside and how you treat others that matter'



Film Synopsis

There lives a Teal Deer among a herd of Tan Deer. The Tan Deer enjoy playing 'Hide and Seek', and especially likes hiding in the mud. The Teal Deer refuses to play as he does not want to dirty his beautiful coat. The Teal Deer thinks he is extraordinary because of his colour and is rude to others. His friends try telling him what matters is not how one looks on the outside but is on inside the way in which one treats other. One day, a pack of wolves come to attack the herd. The Wolves easily spotted the Teal Deer because of his bright blue coat. The Tan Deer tells the Teal Deer to hide by rolling in the mud and laying still. Swallowing his pride, he does so and is saved. He realizes that hiding in the mud is fun and from then on plays 'Hide and seek' with the Tan Deer.

LEARNING FROM THE MOVIE

Life Skills: Empathy, Self-Awareness, Interpersonal Skills

Values: Respect, Humility, Kindness, Altruism

Attitude: Acceptance

Class III

The Module for Class 3 is based on the series called 'The Bernstein Bears', which is a warm and delightful value-based series featuring the lovable Bear family who live in a beautiful tree house.

April

COUNT THEIR BLESSINGS

'Gratefulness for what you have'



Film Synopsis

It is a pleasant evening and the cubs are playing. Sister is at Lizzy's, playing with her numerous bearbies and Brother is playing video games at his cousin's. While Mama is mopping the floor she thinks about how Sister and Brother will come back with complaints about how they do not have the things their friends have. When the cubs come home, they have an endless list of complaints. Mama and Papa tell them to think about what they have that their friends do not have. They sit down together as a family and Mama and Papa teach the cubs to count their blessings such as a house to live in, food to eat and a loving family. As Brother and Sister count their blessings, they realize they actually have a lot of good things that they can be thankful for.

Learning from the movie

Life Skills: Self-Awareness, Decision Making, Coping with Emotions

Values: Containment, Love, Family, Abundance

Attitudes: Self-Acceptance, Gratitude

July

GET THE GIMMIES

'Not being greedy'



Film Synopsis

The Bear goes to a supermarket to buy groceries. The cubs can only think of all toys and candies in the store. Mama strictly instructs the cubs that they are there to buy only groceries but they couldn't resist asking for different candies and toys. They try hard to convince their parents but walk empty handed out of the store. As they walk out, the cubs spot a man selling toys cats on the street and they create such a big scene in front of strangers that Papa reluctantly gave in. Papa states that Brother and Sister have the worst case of the gimmies. Papa Bear and Mama Bear decide to discipline the cubs so they explain to them how it is not right to always think about one's own needs. The cubs excitedly ask for presents. Papa is upset with the cubs' behaviour. Seeing this, Gramps tells a story of a time when Papa had the gimmies. The cubs realize their mistake and finally decide to get rid of their gimmies.

Learning from the movie

Life Skills: Self-Awareness, Decision Making

Values: Containment, Logic and Reason

Attitudes: Self Control, Obedience

August

MAMA'S NEW JOB

'Sensitivity towards others'



Film Synopsis

Change is always difficult to deal with especially for children. The cubs also go through a big change. Mama Bear decides to start her own quilt business but Papa Bear, Brother Bear and Sister Bear begin to worry about different things. Who will count while Sister tries to jump rope to 1000 or help Brother fly the plane? Who will take care of the tree house or the garden? Mama Bear explains to the family that with a little support and help from everyone, any change can be dealt with and all she needs is the family's support. Papa bear and the cubs agree. While Mama Bear sets up her quilt shop and is busy making quilts, Papa Bear and the cubs help at home. The cubs soon realize that it is not bad after all. With a little help and support. The Bernstein Bears continue to be a happy family and they celebrate Mama's success by going out for supper to Bear Town Burger!

Learning from the movie

Life Skills: Decision making, Empathy, Interpersonal Skills

Values: Support, Change, Respect

Attitudes: Consideration, Openness, Sensitivity

September

TOO MUCH TV

'Getting rid of bad habits'

Film Synopsis



Mama bear suddenly realizes that Brother and Sister are addicted to watching television and she puts a ban on watching TV for one whole week. Initially, the cubs and Papa are worried about boredom but throughout the week, they learn that there are other ways to enjoy themselves. They begin to take interest in other hobbies. They also do a lot of outdoor activities, including watching the stars at night. Papa learns that he rather get involved in reading the newspaper instead of constantly watching TV though he does try to sneak in some shows on occasion. At the end of the week, when the ban is lifted, both Sister and Brother realize that they would rather engage in their new found hobbies than watch TV. Even Papa, who was very happy about watching TV again, decides to go fishing instead.

Learning from the movie

Life Skills: Self-Awareness, Decision Making, Creative Thinking

Values: Innovation, Logic and Reason, Exploration

Attitude: Discipline

October

VISIT THE DENTIST

'Not being scared of things'



Film Synopsis

Sister Bear gets her first loose teeth. She tells Brother when she notices this and Brother tells her that the dentist will yank it out with his yankers. Sister gets scared and tries extremely hard to remove her tooth but by the end of the day it still remains intact. Meanwhile Brother develops a cavity and has to

go to the dentist for a check up and so Sister goes along with him and Mama. When she is watching Brother getting his cavity filled she informs dentist of her loose tooth and he invites her up to the chair to look at it. Sister is scared that he will use his hankers to pull it out but he uses a piece of gauze and without her being aware of it pulls her tooth out. He gives the tooth to Sister to take home and after visiting the dentist the cubs realize that there is nothing to be scared of and all they need is a small act of courage.

Learning from the movie

Life Skills: Problem Solving, Critical Thinking, Coping with Stress, Self-Awareness

Values: Change, Support

Attitudes: Optimism, Courage, Confidence

Class IV

Auto-B-Good is an animated series for children of Class 4 that help inculcate values of love, respect, obedience, responsibility, sportsmanship, cleanliness, and tolerance amongst others. The series is set in the city of Autoville, which is inhabited by different cars with their own unique personalities, strengths and weaknesses. Packed with fun, entertainment and learning

April

GROWING RESPONSIBLE

'Taking ownership and not making excuses'



Film Synopsis

Growing Responsible is the story of Cali being given the responsibility of taking care of Franklin's prized flowers. However she comes up with a plan to "let" her friends be responsible to water and take care of the flowers. Cali ends up not taking care of the flowers and blaming others when the flowers die. She learns that to be responsible, she must do the job she agrees to and not pass it off to others. She also realizes that if the job does not go as planned, it is important to accept one's mistake and offer to correct it.

Learning from the Movie

Life Skills: Self-Awareness, Critical Thinking

Value: Responsibility

Attitudes: Discipline, Task completion, Accountability

July

NO RULES ALLOWED

'It is important to follow the rules and laws.'

No rules result in disorder'



Film Synopsis

No Rules Allowed is the story of EJ and his struggles with obeying rules. He becomes frustrated when Miles and Professor set up a training course with Officer Friendly. If a rule is not obeyed, Officer Friendly gives a ticket to the car. EJ and his friends receive so many tickets that they decide to start a "No Rules Allowed" club. At first, this seems like a good idea, but they quickly discover that a club with no rules... may not be as great as it sounds.

Learning from the Movie

Life Skills: Coping with Emotions, Interpersonal Skills

Value: Obedience

Attitudes: Discipline, Task Completion, Accountability

August

STAGE FRIGHT

'Always appreciate and show consideration towards others'



Film Synopsis

In this film, Izzi is very excited in the beginning! She has planned a musical show for all her friends and they have all agreed to come. However, each of them thinks that since the others are going, it is fine if they do not make it to the show. None of them end up going and Izzi is very hurt. Although the other cars try hard to make it up to her, they cannot change what happened.

Learning from the Movie

Life Skills: Empathy, Interpersonal Skills, Coping with Emotions

Value: Compassion

Attitudes: Sensitivity, Time Management, Appreciation

September

IIZZI AND THE GIANT

'Accepting and appreciating differences in others'



Film Synopsis

There is a new truck in town... and he's different! He is very BIG and must be up for no good or that's what Johnny and Cali think! Izzi however becomes his friend and realizes what a good helpful truck he is. All the other cars, although initially scared of him, soon realize that he only looks different. He is just like any other truck/car, with a good heart. He even saves Johnny and Cali's lives which made them feel guilty about their earlier behaviour.

Learning from the Movie

Life Skills: Communication, Empathy

Value: Uniqueness

Attitudes: Acceptance, Non-judgmental, Friendliness

October

THE WINNING GOAL

'Sportsmanship - Doing one's best, having fun and being a team player in victory and defeat'

1. Film Synopsis



The Winning Goal is the story of EJ becoming completely frustrated with his soccer/football coach, Maria. She wants the game to be played by 'sportsmanship'. EJ is upset because he does not understand the true meaning of sportsmanship and does not give his best on the field in the beginning of the game. However, he soon realizes what sportsmanship really means and gives his best and has fun.

Learning from the Movie

Life Skill: Critical Thinking, Coping with Emotions, Interpersonal Skills

Value: Sportsmanship

Attitude: Team Work, Being Just, Assertive

Class V

Auto-B-Good for class V reloaded is a sequel of Class 4. The series is a little more grown up with the action being revved up. As the cars learn and grow, it is an opportunity for children to do the same.

April

DIGGING FOR THE GOLD

'You achieve more by working together'

Film Synopsis



Digging for Gold tells us about the great things that can be accomplished when we work together. Izzi had to go for a Spelling Bee Competition but the road to Vehicleville was blocked due to a snow drift. The only way to get there was to dig her way through, so all the cars worked together to do so. What surprised them was that the cars from Vehicleville were also clearing their side of the road so that Izzi could make it in time for the competition.

Learning from the movie

Life Skills: Problem Solving, Coping with Stress, Interpersonal Skills

Value: Co-operation

Attitudes: Team Work, Optimism and Goal Setting

July

FRIENDS IN HIGH PLACE

"Appreciate your abilities and talents and be thankful for other people's abilities as well"



Film Synopsis

Friends in High Places, is a film on being thankful in the talents each of us have. Izzi was not aware that she was built the size she was for a purpose. She needed to focus on her own set talents and abilities instead of the things she could not do by herself. On the day each of them realized their talents, Johnny's life was endangered and Izzi was the one who played a crucial role to save him. Thus she realized her worth and Johnny realized the importance of being thankful for others abilities.

Learning from the Movie

Life Skill: Interpersonal Skills, Self-Awareness, Problem Solving

Value: Talents and Skills, Interdependence

Attitudes: Appreciation, Gratitude

August

HEAVENLY EVENT



'True generosity comes from the heart'

Film Synopsis

Heavenly Event gives a clear example of true generosity i.e. giving without expecting anything in return. It all started with Johnny thinking of himself as generous and giving gifts to his friends. But his ulterior motive was to get voted as the 'Snow King'. He learnt the meaning of true generosity when Miles saw a friend in need (EJ) and gave of himself literally. He sacrificed going for the meteorite show so that EJ could watch it. By demonstrating this, his friends

were touched and definitely reflected on what is true generosity.

Learning from the movie

Life Skill: Empathy, Decision Making, Creative Thinking

Values: Generosity, Love

Attitudes: Sensitivity, Selflessness

September

PICTURE PERFECT

'To be on time, prepared and at your best'

Film Synopsis



Picture Perfect is a story of Izzi and EJ showing up 'perfectly' on time for their group photograph. However, they certainly did not arrive 'at their best' which resulted in an embarrassing portrait for their group of friends. As EJ and Izzi were not prompt, it upset their friends and made them not look at their best as well.

Learning from the Movie

Life Skill: Decision Making, Critical Thinking

Value: Time

Attitudes: Accountability, Discipline

October

SLIPPERY SLOPE

'Telling the truth takes courage but it earns you a lifetime of respect'

1. Film Synopsis



In the film, Slippery Slope, Maria wants to participate in the national 4x4 racing championship. She is determined to train despite the bad weather and pays no attention to Professor and Franklin's advice. Due to this, she causes a landslide but ends up saving the lives of the little cars, EJ and Izzi. All the cars consider her a hero and are keen to reward her but she submits to the truth and confesses that she caused the landslide. Maria's truthfulness is recognized and she earns a lifetime of respect.

Learning from the movie

Life Skill: Self-Awareness, Decision Making, Communication

Values: Fairness

Attitude: Courage, Responsibility

Class VI

Module for class 6- Popularity among peers is very important in the life of young adolescents. In their search for identity, they often engage in different behaviours to gain attention and acceptance. Bullying, low self-confidence, poor self-image, cultural insensitivity, lack of responsibility and use of foul language are issues that emerge at this age, and need to be addressed in a subtle yet impactful manner.

April

MY DADDY STRONGEST

Film Synopsis



Little Joel is very upset when he is coming back from school. This is because he has lied and told all his friends that his father is a secret agent. A Parent-Teacher Meeting is coming up and he is scared that if he takes his father for it, his friends will get to know that he lied. He starts thinking about all the things that could happen that will prevent him from going to school the next day. When he comes home, his mother starts yelling at him as usual. His mother wonders why Joel is acting strange and then realizes that he is scared about the upcoming Parent-teacher Meeting. His father (who is actually a chef) comes home later and after a lot of hesitation Joel explains the situation to him. His father then explains to him how wrong it is to lie, and promises him that just for him, he will not come to the meeting so that he is not ashamed that his father is a chef in front of his friends. Joel is very happy until he starts to feel guilty. He then decides to go with his dad to the meeting. He is surprised to find that he is the only one who has come with his dad. That's when he realizes that all his friends had lied about their dads!

Key Objective: The film aims at understanding the implications of lying, and learning that an easy escape through lying is not the solution to a given problem.

Learning from the Movie

Value : Honesty

Attitudes: Acceptance, Accountability

Life Skills: Self-Awareness, Coping with Stress, Decision Making, Communication

July

THE MONSTER

Film

Synopsis



Dhruv is an excellent student and one of the most liked boys of his class. He is made the monitor of his class, has great friends like Krish and Rehaan, and might also be made the basketball captain. Well-mannered and compassionate, he never seems to have a problem making friends or participating in any activities. Until one day, when he falls into bad company. Influenced by a senior schoolmate, Rocky, who he thinks is cool, he starts using foul language and losing his temper. He soon starts imitating all bad influences around him violent and bad movies, people's rude behaviour and bad habits and starts becoming one of the most disliked people in his school. However what he doesn't seem to realize, is that every time he loses his temper, he starts developing funny features - a crooked nose, pointy ears, wizened eyebrows and a little tail. It reaches a point where finally, the monitor-ship is taken away from him, he is removed from the basketball team and his friends have stopped talking to him. Then when he is sent to the Principal for bad behaviour, he sees Rocky being punished by the Principal. At that time, he sees himself in a mirror for the monster he has become.

Key Objective: This film aims to help understand the implications of foul language. Using foul language is not a sign of superiority - refraining from imitating bad mannerisms makes you a better person.

Learning from the Movie

Values: Respect, Integrity

Attitude: Self-Control

Life Skills: Interpersonal Skills, Self-Awareness, Decision Making

August

Film Synopsis

August

INVASION



Film Synopsis

Dodo is a very dirty boy. He just can't keep himself clean! He thinks it's a waste of time and effort. So he goes for days without taking bath and uses a dirty toothbrush. He also has very unhygienic habits and he doesn't hesitate from eating food dropped on the ground. But one day when he falls sick, that's when he realizes that there's a whole different story going on inside his body, where the good germs are fighting to prevent Dodo from failing seriously. A little Dodo is fighting against all the germs in the stomach, the ENT and teeth to save Dodo, but they are not able to prevent the infection from taking over. But just when almost 'all is lost, the doctor steps in to inject Dodo with some new antibodies and good germs. In the nick of time, they manage to fight against the evil germs and restore Dodo to good health.

Key Objective: The film aims to help understand the importance of health and Hygiene

Learning from the Movie

Values: Health, Hygiene

Attitudes: Discipline, Responsibility

Life Skills: Self-Awareness, Critical Thinking

September

DEDH FOOTIYA

Film Synopsis



This story is about little Dedh Footiya, a boy who is very short. He is always made fun of in school by all his friends because of his height. He explains the

different problems one faces being short, where one can't reach anything and has to struggle to do so easily. He also describes all the things he has tried, to make himself taller, but to no avail. But just when things seem so difficult he tells us how he is overcoming his shortcomings and converting it into his strength! He shows what problems tall people have in their life and how ultimately in the end it's about the confidence and self esteem you have inside.

Key objective of the film: The film aims at building self confidence in children, helping them focus on their good qualities

Values: Self, uniqueness

Attitudes: Self confidence, Self- acceptance

Life skills: Self awareness, coping with stress and emotions

October

THE GRAVEYARD

Film Synopsis



Akash Pawar is new in his school and faces problems with Gabbar, a bully in his class. Gabbar constantly teases him and makes fun of him .He takes everyone's food and is always fighting and beating someone. The same day Gabbar makes all of them play hide and seek in an old graveyard and makes Akash the denner. But Akash is caught by the gravedigger who shouts at him for spoiling the place. Akash then decides never to go there again. However he is forced to take a stand when Gabbar Challenges Akash to go alone into the graveyard and steal the old graveyard digger's lunchbox. Scared but determined to prove that he is not a coward, Akash enters the graveyard but feels so guilty about what he is about to do, that he changes his mind. He returns without the Lunchbox and

stands up to Gabbar's taunts. When Akash's friend also stand by him. Gabbar backs away.

Key objective of the film: The film aims to teach children the importance of standing up for themselves when there is something a wrong happening.

Values: Equality, Intelligence

Attitudes: Courage, Assertiveness, Sensitivity

Life skills: Coping with stress, Communication, Problem solving, Empathy

Class VII

Adolescents are at a stage where they experience intense emotions. There are a number of key concerns that are highly prevalent and deeply affect them. The Module for Class 7 has been constructed to help adolescents think about their attitude and the decisions they make via a new way of learning through entertainment.

April

ALL IS WELL

1. Film Synopsis



Ayush is frustrated with his life; he is tired of being corrected and teased by his brother, he is fed up with his father for being strict with him and is over-burdened with homework. One night Ayush attempts to run away from home and bumps into Bhola, a young chai-walla. He spends the night looking at a different side to life; he compares the comforts he enjoys with the trials that Bhola faces every day. He feels guilty of the way he has been behaving when he sees

how Bhola appreciates everything he has in his life despite of having so little! He also realizes how lucky he is, after which he returns home with a changed perspective and a new attitude toward life.

Learning from the Movie

Value: Contentment

Attitudes: Gratitude, Acceptance

Life Skills: Self-Awareness, Empathy

July

DUEL OF ANGELS

1. Film Synopsis



Anjali, the younger sibling takes care of her elder sibling Manjari, who is always unwell. She feels that Manjari gets all the attention and a better deal for nearly everything. She is even denied a sports cycle that she always wanted. Anjali tries to earn it herself by participating in a fancy dress competition with Manjari's encouragement and support, however she loses the competition. Understanding Anjali's desire Manjari takes part in a chess competition, and buys a sport cycle with the prize money. Anjali is extremely excited with her new cycle but does not know that Manjari's has bought it for her. One day, on discovering her cycle damaged, she blames Manjari for being responsible for it. Later, she stumbles upon the truth and realizes how she has misjudged Manjari. An open conversation follows which brings them closer.

Learning from the Movie

Values: Love, Family

Attitudes: Adjusting, Supportive

Life Skills: Empathy, Communication, Coping with Emotions, Interpersonal Skills

August

GHUNGHROO

Film Synopsis



Pallavi is a quiet and hardworking girl. In her dance class she is always the target of bullying by the 3 R's - Ruchika, Rithika and Rupa. Pallavi finds it difficult to stand up to them. Besides Pallavi, Jhumri, a young servant-girl, is also a victim of their aggression. One day, Ruchika's absentmindedness leads her to accuse Jhumri of stealing an expensive Ghunghroo. Pallavi, disturbed with the way Ruchika ill-treats Jhumri, finally gathers the courage to stop Ruchika and stand up for Jhumri.

Learning from the Movie

Values: Justice, Leadership

Attitudes: Courage, Assertiveness, Self-Confidence, Sensitivity

Life Skills: Interpersonal Skills, Communication, Coping with Stress, Creative thinking

September

JAY V/S JAY

1. Film Synopsis



Jay Bhalla is a short-tempered boy who thinks everybody is against him; from the school principal and the teachers, to the football coach, his mother and his classmates. He displays his anger by getting into fights, destroying objects and playing violent video games. He wakes up one morning to find his favourite video game character, Miyagi sitting in his room. Miyagi spends an entire day with Jay helping him realize that getting angry and behaving in an irrational manner is not the solution to his problems. He shows Jay that while using his fists is easy, it's using his head and acting rationally that will help Jay win his battles.

Learning from the Movie

Values: Relationships, Respect

Attitudes: Self-Control, Discipline, Patience

Life Skills: Self-Awareness, Interpersonal Skills, Coping with Emotions, Creative Thinking, Problem Solving

October

THE GIFT

Film Synopsis



Mr. Mathur and his son Sarthak go to spend some time at their farmhouse. The caretaker Batuk Lal and his grandson Panna welcome them. Sarthak displays disinterest and jealousy with the way his father interacts with Batuk Lal and Panna. He is very unhappy with the fact his father has presented a remote control car to Panna, a car he desires to own. In the course of their stay, the intensity with which Sarthak displays his hurt feelings toward Panna increases, driving him to finally destroy the car. Batuk Lal, a silent spectator, decides to save Sarthak the embarrassment and the guilt of his act being found out, and leaves the farmhouse with Panna forever.

Learning from the Movie

Value: Respect, Kindness

Attitudes: Humility, Selfness, Self-Control

Life Skill: Self-Awareness, Interpersonal Skills, Empathy, Critical Thinking.

Class VIII

Adolescents in Class 8 start exhibiting maturity and openness to learn and grow. They try to become more responsible and conscious about the choices they need to make and often link it to accountability and independence. The Module for Class 8 facilitates adolescents to discover who they really are and what they want to be recognized for.

April

CHECKMATE

1. Film Synopsis



Tanay and Chhavi are childhood friends, who are playing against each other at a competition. They have always loved playing chess at kids, and learn new techniques by trying it out between themselves. However the helping was mostly one-way, where Chhavi would help Tanay master new

techniques, without the same being reciprocated because Tanay believed that girls can never play or be good at chess and anything in general! Chhavi learns the city, and they meet later at the competition which shocks Tanay and also triggers his ego and pride. Chhavi lets Tanay win the competition that day, because it means so much to him. However, later she visits his home, and proves her skill and mastery at chess by defeating him at the game, and reminding him of the fun they used to have playing chess, and that it need not always be a competition! Tanay learns to not assume or underestimate girls and also to focus on fun and not obsessively focus on winning.

LEARNING FROM THE MOVIE

Values: Equality, Honesty, Competency

Attitudes: Sensitivity, Humility

Life Skills: Self-Awareness, Communication, Interpersonal Skills, Creative Thinking

July

MAN OF THE MATCH

Film Synopsis



Soham is an ardent cricket enthusiast, who loves his Sunday cricket-playing routine- since he gets to be a hero on that day! As he is making plans for the Sunday game, his parents announce that they have to travel urgently and will only be back by Sunday night. He is disappointed when he realizes that he would have to be home and take care of his ill grandfather and miss the Sunday game! However, he rediscovers his friendship with his grandfather as they watch a cricket game that night where his favourite player, Arjun Solkar is playing and he learns that Arjun Solkar is an acquaintance of his grandfather! Though he had previously decided to go for his Sunday match, he chooses to be responsible and be with his grandfather. When his health deteriorates, Soham

takes him to the hospital all by himself.

LEARNING FROM THE MOVIE

Values: Respect, Family

Attitudes: Prioritizing, Responsibility, Compromise

Life Skills: Critical Thinking, Decision Making and Empathy

August

SIZE PERFECT

1. Film Synopsis



Kasturi, an intern at a news channel, is currently in the midst of a show focusing on understanding the minds of adolescents. She aspires to be a news anchor but feels inadequate as she believes she does not have the necessary looks that the job requires. As she is going about her job, she learns about the power of media- how it influences people, manipulates their thinking and makes them want more or something better! However, in the course of time, she realizes that what is more important is to build on one's talent and personality, hone one's skills to be successful, rather than fret over the way one looks! She also meets photographers and nutritionists, who open her eyes to the truth about photographers we see and the importance of healthy eating! Supporting her, are some popular people who made it bid mainly due to their belief in themselves and not their physical looks! With this new found knowledge, Kasturi is determined to spread this message to all adolescents.

LEARNING FROM THE MOVIE

Values: Health, Individually, Happiness

Attitudes: Self-Belief, Confidence, Acceptance

Life Skills: Self-Awareness, Decision Making, Coping with Emotions

September

THE HI FIVES

Film Synopsis



Neha, Ronjini, Mehr, Sabbah and Annie are 'Rockstars' and the best of friends, during schools and otherwise as well. One day, as a teacher is checking the student's homework, they become aware that many classmates are losing their belongings- stationary, books etc. and think that someone is stealing them. The five girls take it upon themselves to find the thief, and realize that none of them has had anything stolen! This leads them to conclude that may be one of them is a thief and this doubt and assumption causes a rift in their friendship. In reality it is indeed one of them. The thief learns her lesson and returns the things anonymously one day. Ronjini calls for a meeting of the 'Rockstars' to sort out the mess, and reinforce the trust and faith that characterized their friendship earlier. The rest of the group also agrees that the friendship is indeed more important to all of them.

LEARNING FROM THE MOVIE

Values: Trust, Respect, Friendship, Loyalty

Attitudes: Understanding, Open-mindedness

Life Skills: Coping with Emotions, Problem Solving, Empathy

October

TOPPERS

1. **Film Synopsis**



Praveen, Kaiwan and Stephen are best friends, but their friendship is strictly based on the fact that they are all class toppers. The three are always together; they study together and consider themselves to be above the rest. The best friends are also appreciated by all the teachers, except for one who they call Akela, who has different ways of teaching and provides opportunities for all students to answer in class. One day, when the results of the half-yearly exams are out, Praveen is devastated to know that he has failed. As a result of this, Kaiwan and Stephen being ignoring him. Though his parents are supportive, Praveen has thoughts of killing himself, which don't go unnoticed by his father. Later, Praveen's father enlists Akela's help to show Praveen the right path. Akela, in his spare time helps the under privileged children to study, along with a few students from the school. He takes Praveen for a ride to meet these children, and makes him realize how lucky he is and how he needs to learn from these children about not giving up. Praveen then understands the value of education.

LEARNING FROM THE MOVIE

Values: Life, Learning, Knowledge

Attitudes: Courage, Optimism, Sharing

Life Skills: Coping with Stress, Critical Thinking

Class IX & X

April

SHOURYA



Film Synopsis

Since his childhood, Shourya has been fascinated by the Elite Commando Force that patrols the outer reaches of the galaxy and fights against alien invaders. He wants to become one of them desperately, not realizing that his real skills lie in theoretical knowledge rather than being out in the field. Charmed by the profession, he prepares for the physically gruelling entrance tests - only to fail. The Sensei (who has trained the best commandoes) tells him that everyone's aptitude is different and it's important to be aware of your strengths to find your purpose. Soon, Shourya's actual skills come to light and win him praise. He realises his strengths and weaknesses, and the path to take to reach his goal.

Key Objective: To help students understand their strengths and weaknesses, and encourage them to take advantage of opportunities as well as make informed decisions in all aspects of life.

Learning from the Movie

Values: Uniqueness, Opportunities

Attitudes: Self-acceptance, Prioritization, Motivation, Openness, Self-belief

Life Skills: Decision Making, Self-awareness, Critical Thinking Creative Thinking

July

DHARINI

Film Synopsis



Taking place over the sixteen days before the ill-fated Columbia space shuttle mission of 2003 the film delves into the world of an imaginative young woman who faces a personal tragedy. A bright **student** who is interested in physics, Dharini and her brother are very close. But when her brother suddenly passes away, she is forced to confront questions she has no answer to. She struggles to overcome the numbing grief of losing her brother and begins to grasp the emptiness, vastness and mystery of the universe.

Key Objective: To help students understand 'grief', the ways to deal with loss and support those in grief

Values: Relationships, Family, Wellbeing, Love

Attitudes: Supportive, Sensitive, Adjustment, Acceptance

Life Skills: Interpersonal, Managing Emotions, Dealing with Stress, Empathy

August

LIFE CALLING

Film Synopsis



Siddharth is an average 14 year old - love's texting on the phone, typing away on an iPad or playing video games in his leisure time. He is so addicted to technology that he has forgotten to enjoy the beauty of nature or of having real conversations. Frustrated with his son's tech addiction overtaking his life, Siddhartha's father offers him a deal: the latest gadget in exchange for 15 days of abstinence from technology. Lured by the possibility of the gadget - the latest phone, Siddharth unwillingly agrees to the deal. During this time he meets Rahil - a nature lover and cyclist, who shows him a different way of life altogether. When his 15 days of abstinence is over, Siddharth chooses real life over the virtual world; he wants a bike so that he can go for a cycling trek, instead of the latest phone.

Key Objective: To make students aware of technology addiction; although

technology is inevitable in today's world, we need to maintain a balance between technology and the other aspects of life.

Learning from the Movie

Values: Life, Personal Relationships, Health

Attitudes: Self-control, Maturity, Being Proactive, Accountability, Responsibility

Life Skills: Decision Making, Self-awareness, Communication

September

CHASING THE RAINBOW

Film Synopsis



11 year old Lali has been brought to the city by her parents in search of work, after being displaced from their home in the village. When Lali finds work at a middle class home in the city, she quickly learns the household chores. But Mithi, the 14 year old idealistic daughter of the household is adamant that she teaches Lali how to read and write. Lali turns out to be a fast learner and applies her studies in her work as well. Although initially supportive of Mithi's efforts to make a difference, her parents are displeased when Lali's studies start affecting her household work. Things become even more difficult when Mithi's school wants to admit Lali as their student. Will Lali end up losing everything she has worked for so hard or does she have a chance at a better life?

Key Objective: To make students conscious of inclusive growth and its importance, and motivate them to stand up against the issues of displacement, school dropouts, unemployment, etc.

Learning from the Movie

Values: Justice, Citizenship, Secularism, Equality

Attitudes: Courage, Generosity, Pro-activity, Consideration

Life Skills: Empathy, Interpersonal, Problem Solving

October

THE ROAD HOME

Film Synopsis



Bullied for arresting his British identity despite his Indian ethnicity, ten-year old Pico runs away from a renowned boarding school in the hills of North India. Desperate to return to his home in England, where he feels he really belongs, he undertakes this journey alone. As he travels, Pico encounters others who cannot look past his appearance to the English boy inside. This forces him to recognize the painful truth that the world does not see him the way he sees himself.

Key Objective: To help students realize the importance of self-acceptance; life is much simpler if you accept the aspects of life you can't change and focus on the aspects you can (personality, general knowledge, skill set, etc.).

Learning from the Movie

Values: Uniqueness, Diversity, Culture

Attitudes: Self-acceptance, Appreciation, Openness

Life Skills: Critical Thinking, Self-awareness, Dealing With Stress, Managing Emotions